Help Save Lives!



Making Strides Against Breast Cancer

Volunteer for Making Strides Against Breast Cancer to help save lives—while fulfilling your own. Make a difference. Make history. Make strides.

Saturday, October 17, 2009

Harrisburg, PA

A 5K walk beginning at Harrisburg City Island Opening Ceremony at 8:30 a.m. with Show and Go Start

We have all been affected by breast cancer in some way. And we have the power to fight back against the disease. With your support, we can beat breast cancer once and for all. We know your choice to get involved in Making Strides Against Breast Cancer is as unique and special as the story that motivates you. We hope you will join the American Cancer Society volunteer family, because only together can we make a difference, make history, and make strides against breast cancer!



Make a difference. Make history. Make strides.

Volunteer for Making Strides Against Breast Cancer to help save lives – while fulfilling your own.

Making Strides offers many volunteer opportunities to make a difference in the fight against breast cancer. How you can make a difference:

Event Brochure Distribution Raise awareness about Making Strides by distributing event brochures and promotional materials in your neighborhood.

Office Support Help recruit new volunteers, coordinate walk materials, and contact past participants by phone.

Registration Help register participants at the registration tent. Should be good with numbers and comfortable working with others. This may involve additional pre-event training.

Route Marshals Direct walkers to stay on the course. Duties may include traffic control.

Water Stations Distribute water to walkers along the course.

Volunteer Check-in Sign in and direct volunteers to their stations.

Survivor Tent Assist in greeting cancer survivors.

Greeters/Cheerers Greet walkers and lead them to registration. Cheer them on and give directions.

First Aid Provide medical attention if needed. Requires certification.

Set-up/Clean-up May involve heavy lifting, moving, and loading.

Advocacy Assist ACS CAN volunteers with current legislative priorities.

Mission Delivery Tent Help educate participants about ACS programs and services.

Tribute Garden Help set up and manage the Tribute Garden along the walk route.

Students for Strides Registration/check in, set up and supervision of the Students for Strides area.

Accounting Immediately after the event, assist with verification of donation envelopes, data entry, etc. Should be good with numbers and detail-oriented.

Name:		En	Email:	
Address:				
City:		State:	ZIP:	
Phone: (Day)		Phone: (Evening)		
•		o de la companya de	arge 🗆 XX-Large 🗖 XXX-Large	
Have you volunteered with	Making Strides before?	Yes □ No If yes, how so?		
I will attend volunteer train	ning on: 🗖 Monday, Octobe	r 5, 2009 at 6:00 p.m. 🗖 Tuesday	y, October 6, 2009 at 6:00 p.m.	
Pre-Event:				
☐ Event Brochure Distrib	oution			
☐ Daytime Office Suppo	ort			
Day of Event: Please ran	k your top three; we will try to	o accommodate.		
☐ Registration	☐ Greeters/Cheerers	☐ Set-up/Clean-up	☐ Tribute Garden	
☐ Route Marshals	☐ Survivor Tent	☐ Advocacy	☐ Students for Strides	
☐ Water Stations	☐ First Aid	☐ Mission Delivery Tent	☐ Accounting	
\square Volunteer Check-in			American	
Post Event:			Cancer Society®	

☐ Daytime Office Support

Please direct questions to 1.888.227.5445 or email harrisburg.strides@cancer.org Please detach form and return to: American Cancer Society, 3211 N. Front Street, Harrisburg, PA 17110



1.800.227.2345 cancer.org/stridesonline